



Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

# Application for Patient Care

First Name: \_\_\_\_\_ M.I.: \_\_\_\_\_ Last Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Email: \_\_\_\_\_ Phone: \_\_\_\_\_

SS#: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Male / Female

Primary Care Physician: \_\_\_\_\_

How Did You Hear About This Office? \_\_\_\_\_

Preferred method of contact for appointment reminders? EMAIL / TEXT by Cell Phone

Occupation: \_\_\_\_\_ Employer \_\_\_\_\_ Full or Part? \_\_\_\_\_

Type of Tasks Performed/Common Movements: \_\_\_\_\_

Marital Status:  Single  Married  Divorced  Widowed  Separated  Minor

Spouse's Name: \_\_\_\_\_ # of Children? \_\_\_\_\_ Children's Ages: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone #: \_\_\_\_\_

Smoking Status: Never Smoked / Former Smoker / Occasional Smoker / Daily Smoker Preferred

Language: \_\_\_\_\_

**RACE (Circle One):** American Indian or Alaska Native / Asian / Black or African American / White (Caucasian) / native Hawaiian or Pacific Islander / Other / Decline to Answer **Ethnicity (Circle one):** Hispanic or Latino / Not Hispanic or Latino / Decline to Answer

## ACCIDENT

Have you had an auto accident? How Many? \_\_\_\_\_:  0-6mo  6 mo-1 yr  1-3 yrs  3+yrs  Never

Had a recent fall/other accident? (X if applies):  0-6mo  6 mo-1 yr  1-3 yrs  3+yrs  Never

Have You Ever Receive Physical Therapy  Chiropractic Care  or Pain Management ? Last Visit: \_\_\_\_\_

## How Did You Hear About This Office?

Do you have insurance? Yes No Name of Carrier: \_\_\_\_\_

Do you have secondary insurance? Yes No Name of Carrier: \_\_\_\_\_

### PLEASE PROVIDE THIS OFFICE WITH A COPY OF YOUR INSURANCE CARD(S)

**Assignment and Release** Method of payment for today's charges: \_\_\_Cash \_\_\_Check \_\_\_Credit/Debit

I certify that I (or my dependent) have insurance coverage with \_\_\_\_\_ and I AUTHORIZE, REQUEST AND ASSIGN MY INSURANCE COMPANY TO PAY DIRECTLY TO THE PHYSICIAN PRACTICE, Optilife Chiropractic LLC, INSURANCE BENEFITS OTHERWISE PAYABLE TO ME. I understand that I am financially responsible for all charges whether or not paid by insurance. I hereby authorize the doctor to release all information necessary, including the diagnosis and the records of any exam or treatment rendered to me, in order to secure the payment of benefits. I authorize the use of this signature on all insurance claims, including electronic submissions.

I chose to decline receipt of my clinical summary after every visit (These summaries are often blank as a result of the nature and frequency of care).

**SIGNATURE (X)** \_\_\_\_\_ **DATE** \_\_\_\_\_

**PRIMARY COMPLAINTS:** Please list in order of most severe (#1) to least severe (#4). *Sample complaints: Low Back, Left Knee, Right Shoulder, Neck, etc.*

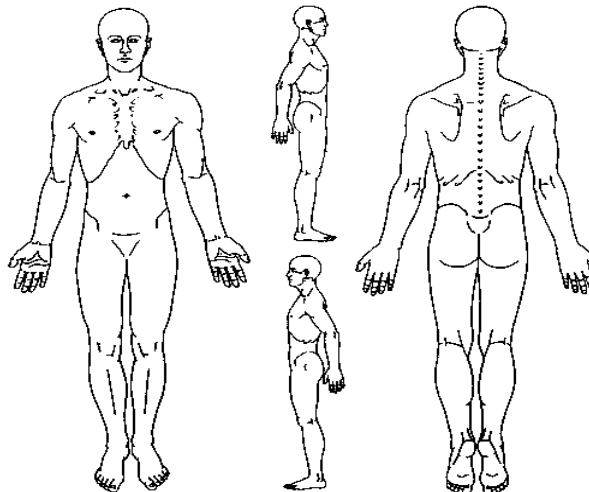
MOST SEVERE ←

→ LEAST SEVERE

You have the following complaints (WRITE-IN)	1.	2.	3.	Any Extremity Compliants?
Circle the word that best describes this complaint.	Sharp dull achy throbbing numb shooting other	Sharp dull achy throbbing numb shooting other	Sharp dull achy throbbing numb shooting other	Sharp dull achy throbbing numb shooting other
How often do you feel this complaint?	Constant Daily Weekly "Off and On"	Constant Daily Weekly "Off and On"	Constant Daily Weekly "Off and On"	Constant Daily Weekly "Off and On"
How long have you had this complaint?	___ Days / Weeks / Months / Years	___ Days / Weeks / Months / Years	___ Days / Weeks / Months / Years	___ Days / Weeks / Months / Years
Is it getting better, worse, or staying the same?	Better Worse Same	Better Worse Same	Better Worse Same	Better Worse Same
What makes it better, if anything?				
What makes it worse, if anything?				
On a scale of 0 – 10, rate your discomfort. (0 = no pain, 10 = excruciating)	Circle response 0 1 2 3 4 5 6 7 8 9 10	Circle response 0 1 2 3 4 5 6 7 8 9 10	Circle response 0 1 2 3 4 5 6 7 8 9 10	Circle response 0 1 2 3 4 5 6 7 8 9 10
How have you taken care of this in the past? Has that worked for you?				
Circle the ways this issue is affecting your life. (all that apply)	job children sex marriage household hobbies finances sports exercise walking standing bowels urinary fatigue loss of sleep moody poor attitude loss of productivity	job children sex marriage household hobbies finances sports exercise walking standing bowels urinary fatigue loss of sleep moody poor attitude loss of productivity	job children sex marriage household hobbies finances sports exercise walking standing bowels urinary fatigue loss of sleep moody poor attitude loss of productivity	job children sex marriage household hobbies finances sports exercise walking standing bowels urinary fatigue loss of sleep moody poor attitude loss of productivity
Improving this issue in my life would improve my quality of life by: (Circle best response)	10-20% 30-40% 50-60% 70-80% 90% 100%	10-20% 30-40% 50-60% 70-80% 90% 100%	10-20% 30-40% 50-60% 70-80% 90% 100%	10-20% 30-40% 50-60% 70-80% 90% 100%

**PATIENT HEALTH HISTORY**

Circle problematic areas on body to right:



**PATIENT HEALTH HISTORY continued....** *Please check if you have ever had any of the following:*

- |  |  |   |   |   |
|--|--|---|---|---|
| <input type="checkbox"/> ADD/ADHD                                | <input type="checkbox"/> Cataracts           | <input type="checkbox"/> Heartburn              | <input type="checkbox"/> Mononucleosis        | <input type="checkbox"/> Sexual Difficulty  |
| <input type="checkbox"/> Aids/HIV                                | <input type="checkbox"/> Chemical Dependency | <input type="checkbox"/> Heart Attack           | <input type="checkbox"/> Mouth Sores or       | <input type="checkbox"/> Stroke             |
| <input type="checkbox"/> Alcoholism                              | <input type="checkbox"/> Chicken Pox         | <input type="checkbox"/> Heart Problems         | <input type="checkbox"/> Bleeding Gums        | <input type="checkbox"/> Suicide Attempt    |
| <input type="checkbox"/> Allergy Shots                           | <input type="checkbox"/> Colon Trouble       | <input type="checkbox"/> Hemorrhoids            | <input type="checkbox"/> Multiple Sclerosis   | <input type="checkbox"/> Thyroid Problems   |
| <input type="checkbox"/> Anemia                                  | <input type="checkbox"/> Contacts/Glasses    | <input type="checkbox"/> Hepatitis              | <input type="checkbox"/> Mumps                | <input type="checkbox"/> TMJ Pain           |
| <input type="checkbox"/> Anorexia                                | <input type="checkbox"/> Depression          | <input type="checkbox"/> Hernia                 | <input type="checkbox"/> Nosebleeds           | <input type="checkbox"/> Tonsillitis        |
| <input type="checkbox"/> Appendicitis                            | <input type="checkbox"/> Diabetes            | <input type="checkbox"/> Herniated Disc         | <input type="checkbox"/> Osteoporosis         | <input type="checkbox"/> Tremors            |
| <input type="checkbox"/> Arthritis                               | <input type="checkbox"/> Dry Skin            | <input type="checkbox"/> Herpes                 | <input type="checkbox"/> Pacemaker            | <input type="checkbox"/> Tuberculosis       |
| <input type="checkbox"/> Asthma/Wheezing                         | <input type="checkbox"/> Ear Infections      | <input type="checkbox"/> High Cholesterol       | <input type="checkbox"/> Parkinson's Disease  | <input type="checkbox"/> Tumors/Growths     |
| <input type="checkbox"/> Bad Breath/Taste                        | <input type="checkbox"/> Epilepsy            | <input type="checkbox"/> Hormone/Gland Problems | <input type="checkbox"/> Pinched Nerve        | <input type="checkbox"/> Typhoid Fever      |
| <input type="checkbox"/> Bleeding Disorders                      | <input type="checkbox"/> Fibromyalgia        | <input type="checkbox"/> Insomnia               | <input type="checkbox"/> Pneumonia            | <input type="checkbox"/> Ulcers             |
| <input type="checkbox"/> Blood Pressure:<br>High or Low (circle) | <input type="checkbox"/> Fractures           | <input type="checkbox"/> Kidney Problems        | <input type="checkbox"/> Polio                | <input type="checkbox"/> Vaginal Infections |
| <input type="checkbox"/> Breast Lump                             | <input type="checkbox"/> Gall Bladder        | <input type="checkbox"/> Liver Disease          | <input type="checkbox"/> Prostate Problems    | <input type="checkbox"/> Venereal Disease   |
| <input type="checkbox"/> Broken Bones                            | <input type="checkbox"/> Glaucoma            | <input type="checkbox"/> Measles                | <input type="checkbox"/> Prosthesis           | <input type="checkbox"/> Whooping Cough     |
| <input type="checkbox"/> Bronchitis                              | <input type="checkbox"/> Goiter              | <input type="checkbox"/> Menopausal Prob.       | <input type="checkbox"/> Psychiatric Care     | Other: _____                                |
| <input type="checkbox"/> Bulimia                                 | <input type="checkbox"/> Gonorrhea           | <input type="checkbox"/> Migraines              | <input type="checkbox"/> Rheumatoid Arthritis | _____                                       |
| <input type="checkbox"/> Cancer                                  | <input type="checkbox"/> Gout                | <input type="checkbox"/> Miscarriage            | <input type="checkbox"/> Rheumatic Fever      | _____                                       |
|  |  |   | <input type="checkbox"/> Scarlet Fever        | _____                                       |

Are you currently under drug and/or medical care?  Yes  No If yes, explain \_\_\_\_\_

Please list any and all medications you are currently taking: \_\_\_\_\_

Please list any surgeries and/or hospitalizations you have had (type & date): \_\_\_\_\_

**ALLERGIES: (Please place a check mark next to any known allergy that you have.)**

- Milk  Eggs  Peanuts  Almonds  Cashews  Walnuts  Fish  Shellfish  Soy  Wheat  
 Gluten  Penicillin  Sulfa Drugs  Tetracycline  Codeine  NSAIDS  Phenytoin  Carbamazepine  
 Mildew  Mold  Dust  Fungus  Mites  Tree Pollen  Grass Pollen  Weed Pollen  Insects  Dog  
Dander  Cat Dander  Latex  Other Animal Dander  OTHER: \_\_\_\_\_ (please fill in)

Please list any supplements you are currently taking (vitamins/herbs/minerals): \_\_\_\_\_

Is there a family history of any of the following conditions? (indicate family member including parents, grandparents & siblings)

- Heart Disease \_\_\_\_\_  Diabetes \_\_\_\_\_  
 Cancer \_\_\_\_\_  Arthritis \_\_\_\_\_  Other \_\_\_\_\_

Do you exercise:  5-7x/week  3-4x/week  1-2x/week  Occasionally  None

Do your work activities mostly involve:  Sitting  Standing  Light Labor  Heavy Labor

Do you sleep on your:  Back  Side  Stomach **Stress:** Mild  Moderate  Severe

What is your daily/weekly intake of the following: Caffeine \_\_\_\_\_ cups/day Alcohol \_\_\_\_\_ drinks/week Cigarettes \_\_\_\_\_ pks/day  
Water \_\_\_\_\_ cups/day

Gender: M / F Height: Feet \_\_\_\_\_ Inches \_\_\_\_\_ Weight: \_\_\_\_\_ lbs.

**I certify that the above questions were answered accurately. I understand that providing incorrect information can be dangerous to my health. I will give complete & accurate information during my exam.**

**Signature (X)** \_\_\_\_\_

**Date** \_\_\_\_\_

**TERMS OF ACCEPTANCE AND CONSENT FOR CARE**

The clinic will attempt to identify and diagnose any ailments you may have that may be corrected through physical medicine, massage therapy, chiropractic care, and/or active/passive rehabilitation. If any condition or disease appears to be present out of our scope of practice, we will refer you to an appropriate physician to diagnose and/or treat that condition. The clinical procedures performed are usually beneficial and seldom cause any problem. In rare cases underlying physical defects, deformities or pathologies, may render the patient susceptible for injury. The doctor, of course, will not provide specific healthcare, if he/she is aware that such care may be contraindicated. It is the responsibility of the patient to make it known these things which otherwise might not come to the attention of the physician (deformities, illnesses, etc).

I agree to settle any claim or dispute I may have against or with any of these persons or entities, whether related to the prescribed care or not, by binding arbitration under the current malpractice terms which can be obtained by written request.

I also understand that the fee paid for treatment x-rays is for analysis only. The file itself is the property of this office. Once films are taken, they cannot be released, but may be copied. There is a fee for copying of the xrays.

Also, for your protection, portions of our office where patients do not disrobe are under video surveillance, specifically, but not limited to, the front desk check-out stations.

I have read and I accept the terms above and understand them fully. I hereby give consent to the clinic to evaluate me to determine my condition and treat me for such conditions. I also understand that I may at any time discontinue with the exam and/or x-rays or any treatment if I so choose.

*I also understand that if I suspend or terminate my care at this office, any outstanding charges for professional services rendered to me will be immediately due and payable. I agree that I will be responsible for all attorney and legal fees if legal action becomes necessary to collect this amount.*

I, \_\_\_\_\_ have read and fully understand the above statements.  
(PRINT NAME)

\_\_\_\_\_  
(SIGNATURE)

\_\_\_\_\_  
(DATE)

**FOR MINORS:** I, \_\_\_\_\_ being the parent or legal guardian of \_\_\_\_\_,  
(Print Guardian Name) (Print Minor's Name)

have read and fully understand the above terms of acceptance & grant permission for my child to receive treatment.

\_\_\_\_\_  
(SIGNATURE)

\_\_\_\_\_  
(DATE)

**X-ray Questionnaire: For women only** Our consultation and examination may indicate that x-rays are necessary to accurately diagnose and analyze your condition. Should x-rays be necessary we would like to confirm that you are not pregnant at this time.

Name: _____		Date of last menstrual period: _____	
Date of last menstrual period: _____		Date of last menstrual period: _____	
<input type="checkbox"/> There is a possibility that I a may be pregnant at this time <input type="checkbox"/> No, I am definitely not pregnant at this time		<input type="checkbox"/> Yes, I am definitely pregnant <input type="checkbox"/> I request that x-ray films not be taken because:	
<input type="checkbox"/> Patient's Signature: _____		<input type="checkbox"/> Date: _____	
<b>NEUROLOGICAL/MRI/VASCULAR PATIENT QUESTIONNAIRE</b>			

- |  |   |
|--|---|
| 1. Weakness, numbness or burning in your shoulder, arms or hands? NO YES | 8. Cold Hands/Feet? NO YES  |
| 2. Do your hands or arms fall asleep regularly? NO YES                   | 9. Have you had an MRI? NO YES  |
| 3. Reduced feeling (sensation) or swelling in your hands or arms? NO YES | If yes to MRI, When? Who ordered it?<br>What was it ordered for?<br>_____<br>_____<br>_____ |
| 4. Loss of handgrip strength? NO YES                                     |   |
| 5. Weakness, numbness or burning in your buttocks, legs or feet? NO YES  |   |
| 6. Do our legs or feet fall asleep regularly? NO YES                     |   |
| 7. Reduced feeling (sensation) or swelling in your legs, feet? NO YES    |   |



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## INFORMED CONSENT FOR CHIROPRACTIC TREATMENT

Optilife Chiropractic LLC:

I hereby request and consent to the performance of chiropractic treatments (also known as chiropractic adjustments or chiropractic manipulative treatments) and any other associated procedures: physical examination, tests, diagnostic x-rays, physio therapy, physical medicine, physical therapy procedures, etc. on me by the doctor of chiropractic named above and/or other assistants and/or licensed practitioners.

I understand, as with any health care procedures, that there are certain complications, which may arise during chiropractic treatments. Those complications include but are not limited to: fractures, disc injuries, dislocations, muscle strain, Homers' syndrome, diaphragmatic paralysis, cervical myelopathy and costovertebral strains and separations. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck leading to or contributing to complications including stroke.

I do not expect the doctor to be able to anticipate all risks and complications, and I wish to rely upon the doctor to exercise judgment during the course of the procedure(s) which the doctor feels at the time, based upon the facts then known, that are in my best interest.

I have had an opportunity to discuss the nature, purpose and risks of chiropractic treatments and other recommended procedures. I have had my questions answered to my satisfaction. I also understand that specific results are not guaranteed.

If there is any dispute about my care, I agree to a resolution by binding arbitration according to the American Arbitration Association guidelines.

I have read (or have had read to me) the above explanation of the chiropractic treatments. I state that I have been informed and weighed the risks involved in chiropractic treatment at this health care office. I have decided that it is in my best interest to receive chiropractic treatment. I hereby give my consent to that treatment. I intend for this consent to cover the entire course of treatment for my present condition(s) and for any future conditions(s) for which I seek treatment.

Treatments that may be performed per your treatment plan are:

**Sign only after you understand and agree to the above.**

\_\_\_\_\_  
Printed name of Patient

X \_\_\_\_\_  
Signature of Patient

\_\_\_\_\_  
Date

X \_\_\_\_\_  
Signature of Representative  
(if patient is a minor or is handicapped)

\_\_\_\_\_  
Date

X \_\_\_\_\_  
Witness to Patient's Signature

\_\_\_\_\_  
Date



**Notice of Privacy Practices**  
Effective September 23, 2013



**THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THAT INFORMATION. PLEASE REVIEW THIS NOTICE CAREFULLY.**

The Practice (the “Practice”), in accordance with the Health Insurance Portability and Accountability Act (HIPAA) Privacy Rule, (the “Privacy Rule”) and applicable state law, is committed to protecting the privacy of your protected health information (“PHI”). PHI includes information about your health condition and the care and treatment you receive from the Practice. The Practice understands that information about your health is personal. This Notice explains how your PHI may be used and disclosed to third parties. This Notice also details your rights regarding your PHI. The Practice is required by law to maintain the privacy of your PHI and to provide you with this Privacy Notice detailing the Practice’s legal duties and practices with respect to your PHI. The Practice is obligated to notify you promptly if a breach occurs that may have compromised the privacy and security of your PHI. The Practice is also required by law to abide by the terms of this Notice.

**HOW THE PRACTICE MAY USE AND DISCLOSE YOUR PROTECTED HEALTH INFORMATION**

The Practice, in accordance with this Notice and without asking for your express consent or authorization, may use and disclose your PHI for the purposes of:

**For Treatment** – We may use your PHI to provide you with treatment. We may disclose your PHI to doctors, nurses, technicians, clinicians, medical students, hospitals and other health facilities involved in or consulting in your care. We may also disclose information about you to people outside the practice, such as other health care providers involved in providing treatment to you, and to people who may be involved in your care, such as family members, clergy, or others we use to provide services that are part of your care. If we refer you to another health care provider, we would, as part of the referral process share PHI information about you. For example, if you were referred to a specialist, we would contact the doctor’s office and provide such information about you to them so that they could provide services to you.

**For Payment** – We may use and disclose your PHI so we can be paid for the services we provide to you. For example, we may need to give your insurance company information about the health care services we provided to you so your insurance company will pay us for those services or reimburse you for amounts you have paid. We also may need to provide your insurance company or a government program, such as Medicare or Medicaid, with information about your condition and the health care you need to receive prior approval or to determine whether your plan will cover the services.

**For Health Care Operations** – We may use and disclose your PHI for our own health care operations and the operations of other individuals or organizations involved in providing your care. This is necessary for us to operate and to make sure that our patients receive quality health care. For example, we may use information about you to review the services we provide and the performance of our employees in caring for you.

**OTHER USE & DISCLOSURES THAT ARE REQUIRED OR PERMITTED BY LAW**

The Practice may also use and disclose your PHI without your consent or authorization in the following instances:

**Appointment Reminders** -We may use and disclose your PHI to remind you by telephone or mail about appointments you have with us, annual exams, or to follow up on missed or cancelled appointments.

**Individuals Involved in Your Care or Payment for Your Care** – We may disclose to a family member, other relative, a close friend, or any other person identified by you certain limited PHI that is directly related to that person’s involvement with your care or payment for your care. We may use or disclose your PHI to notify those persons of your location or general condition. This includes in the event

of your death unless you have specifically instructed us otherwise. If you are unable to specifically agree or object, we may use our best judgment when communicating with your family and others.

**Disaster Relief** - We also may use or disclose your PHI to an authorized public or private entity to assist in disaster relief efforts. This will be done to coordinate information with those organizations in notifying a family member, other relative, close friend or other individual of your location and general condition.

**De-identified Information** – The Practice may use and disclose health information that may be related to your care but does not identify you and cannot be used to identify you.

**Business Associate** – The Practice may use and disclose PHI to one or more of its business associates if the Practice obtains satisfactory written assurance, in accordance with applicable law, that the business associate will appropriately safeguard your PHI. A business associate is an entity that assists the Practice in undertaking some essential function, such as a billing company that assists the office in submitting claims for payment to insurance companies.

**Personal Representative** – The Practice may use and disclose PHI to a person who, under applicable law, has the authority to represent you in making decisions related to your health care.

**Emergency Situations** – The Practice may use and disclose PHI for the purpose of obtaining or rendering emergency treatment to you provided that the Practice attempts to obtain your Consent as soon as possible: The Practice may also use and disclose PHI to a public or private entity authorized by law or by its charter to assist in disaster relief efforts, for the purpose of coordinating your care with such entities in an emergency situation.

**Public Health and Safety Activities** – The Practice may disclose your PHI about you for public health activities and purposes. This includes reporting information to a public health authority that is authorized by law to collect or receive the information. These activities generally include:

- To prevent or control disease, injury or disability
- To report births or deaths
- To report child, elder, or dependent adult abuse or neglect
- To report reactions to medications or problems with products
- To notify people of recalls of products they may be using
- To notify a person who may have been exposed to a disease or may be at risk for contracting or spreading a disease or condition.

**Victims of Abuse, Neglect or Domestic Violence** – We may disclose your PHI to a government authority authorized by law to receive reports of abuse, neglect, or domestic violence, if we believe an adult or child is a victim of abuse, neglect, or domestic violence. This will occur to the extent the disclosure is (a) required by law, (b) agreed to by you, (c) authorized by law and we believe the disclosure is necessary to prevent serious harm, or, (d) if you are incapacitated and certain other conditions are met, a law enforcement or other public official represents that immediate enforcement activity depends on the disclosure.

**Health Oversight Activities** – We may disclose your PHI to a health oversight agency for activities authorized by law, including audits, investigations, inspections, licensure or disciplinary actions. These and similar types of activities are necessary for appropriate oversight agencies to monitor the nation's health care system, government benefit programs, and for the enforcement of civil rights laws.

**Judicial and Administrative Proceedings** – We may disclose your PHI in response to a court or administrative order. We also may disclose information about you in response to a subpoena, discovery request, or other legal process but only if efforts have been made to tell you about the request or to obtain an order protecting the information to be disclosed.

**Disclosures for Law Enforcement Purposes** – We may disclose your PHI to law enforcement officials for these purposes:

- As required by law
- In response to a court, grand jury or administrative order, warrant or subpoena
- To identify or locate a suspect, fugitive, material witness or missing person

- About an actual or suspected victim of a crime if, under certain limited circumstances, we are unable to obtain that person's agreement
- To alert a potential victim or victims or intending harm ("duty to warn")
- To alert law enforcement officials to a death if we suspect the death may have resulted from criminal conduct
- About crimes that occur at our facilities
- To report a crime, a victim of a crime or a person who committed a crime in emergency circumstances

**To Avert Serious Threat to Health or Safety** – We will use and disclose your PHI when we have a "duty to report" under state or federal law because we believe that it is necessary to prevent a serious threat to your health and safety or the health and safety of the public or another person. Any disclosure would be to help prevent a threat.

**Coroners, Medical Examiners and Funeral Directors** – We may disclose your PHI to a coroner or medical examiner for purposes such as identifying a deceased person and determining cause of death. We also may disclose information to funeral directors so they can carry out their duties.

**Organ, Eye or Tissue Donation** – To facilitate organ, eye or tissue donation and transplantation, we may disclose your PHI to organizations that handle organ procurement, banking or transplantation.

**Workers Compensation** – We may disclose your PHI to the extent necessary to comply with worker's compensation and similar laws that provide benefits for work-related injuries or illness without regard to fault.

**Special Government Functions** – If you are a member of the armed forces, we may release your PHI as required by military command authorities. We may also release information about foreign military authority. We may disclose information about you to authorized federal officials for intelligence, counter-intelligence and other national security activities authorized by law.

**Research** – We may use and/or disclose your PHI for research projects that are subject to a special review process. If researchers are allowed access to information that identifies who you are, we will ask for your permission.

**Fundraising** – We may contact you with respect to fundraising campaigns. If you do not wish to be contacted for fundraising campaigns, please notify our Privacy Officer in writing.

### **AUTHORIZATION**

The following uses and/or disclosures specifically require your express written permission:

**Marketing Purposes** – We will not use or disclose your PHI for marketing purposes for which we have accepted payment without your express written permission. However, we may contact you with information about products, services or treatment alternatives directly related to your treatment and care.

**Sale of Health Information** – We will not sell your PHI without your written authorization. If you do authorize such a sale, the authorization will disclose that we will receive compensation for the information that you have authorized us to sell. You have the right to revoke the authorization at any time, which will halt any future sale.

Uses and/or disclosures other than those described in this Notice will be made only with your written authorization. If you do authorize a use and/or disclosure, you have the right to revoke that authorization at any time by submitting a revocation in writing to our Privacy Officer. However, revocation cannot be retroactive and will only impact uses and/or disclosures after the date of revocation.

### **YOUR RIGHTS**

**Right to Revoke Authorization** – You have the right to revoke any Authorization or consent you have given to the Practice, at any time. To request a revocation, you must submit a written request to the Practice's Privacy Officer.

**Right to Request Restrictions** – You have the right to request that we restrict the uses or disclosures of your information for treatment, payment or healthcare operations. You may also request that we limit the information we share about you with a relative or friend of yours. You also have the right to restrict disclosure of information to your commercial health insurance plan regarding services or products that you paid for in full, out-of-pocket, and we will abide by that request unless we are legally obligated to do otherwise.



We are not required to agree to any other requested restriction. If we agree, we will follow your request unless the information is needed to a) give you emergency treatment, b) report to the Department of Health and Human Services, or c) the disclosure is described in the “Uses and Disclosures That Are Required or Permitted by Law” section. To request a restriction, you must provide your request in writing to the Practice’s Privacy Officer. You must tell us: a) what information you want to limit, b) whether you want to limit use or disclosure or both, and c) to whom you want the limits to apply. Either you or we can terminate restrictions at a later date.

**Right to Receive Confidential Communications** – You have the right to request that we communicate your PHI in a certain way or at a certain place. For example, you can ask that we only contact you by mail or at work.

If you want to request confidential communications you must do so in writing to our Practice’s Privacy Officer and explain how or where you can be contacted. You do not need to give us a reason for your request. We will accommodate all reasonable requests.

**Right to Inspect and Copy** – You have the right to inspect and request copies of your information.

To inspect or copy your information, you may either complete an Authorization to Release/Obtain Information form or write a letter of request, stating the type of information to be released, the date(s) of service being requested, the purpose of the request, and whether you wish to review the record or receive copies of the requested information in your preferred format. We will abide by your request in the format you have requested, if we are able to do so. If we cannot provide your records to you in the requested format, we will attempt to provide them in an alternative format that you agree to. You may also request that your records be sent to another person that you have designated in writing. Direct this request to the Practice’s Privacy Officer. You may be charged a fee for the cost of copying, mailing or other expenses related with your request.

We may deny your request to inspect and copy information in a few limited situations. If your request is denied, you may ask for our decision to be reviewed. The Practice will choose a licensed health care professional to review your request and the denial. The person conducting the review will not be the person who denied your request. We will comply with the outcome of that review.

**Right to Amend** – If you feel that your PHI is incorrect, you have the right to ask us to amend it, for as long as the information is maintained by us. To request an amendment, you must submit your request in writing to the Practice’s Privacy Officer. You must provide a reason for the amendment.

We may deny your request for an amendment if it is not in writing or does not include a reason for wanting the amendment. We also may deny your request if the information: a) was not created by us, unless the person or entity that created the information is no longer available to amend the information, b) is not part of the information maintained by the Practice, c) is not information that you would be permitted to inspect and copy or d) is accurate and complete.

If your request is granted the Practice will make the appropriate changes and inform you and others, as needed or required. If we deny your request, we will explain the denial in writing to you and explain any further steps you may wish to take.

**Right to an Accounting of Disclosures** – You have the right to request an accounting of disclosures. This is a list of certain disclosures we have made regarding your PHI. To request an accounting of disclosures, you must write to the Practice’s Privacy Officer. Your request must state a time period for the disclosures. The time period may be for up to six years prior to the date on which you request the list, but may not include disclosures made before April 14, 2003.

There is no charge for the first list we provide to you in any 12-month period. For additional lists, we may charge you for the cost of providing the list. If there will be a charge, we will notify you of the cost in advance. You may withdraw or change your request to avoid or reduce the fee.

Certain types of disclosures are not included in such an accounting. These include disclosures made for treatment, payment or healthcare operations; disclosures made to you or for our facility directory; disclosures made with your authorization; disclosures for national security or intelligence purposes or to correctional institutions or law enforcement officials in some circumstances.

**Right to a Paper Copy of this Notice** – You have the right to receive a paper copy of this Notice of Privacy Practices, even if you have agreed to receive this Notice electronically. You may request a

